



UNIVERSITY INSTITUTE OF MAIA

DIPLOMA SUPPLEMENT

This Diploma Supplement follows the model developed by the European Commission, Council of Europe and UNESCO/CEPES. The purpose of the supplement is to provide sufficient independent data to improve the international transparency and fair academic and professional recognition of qualifications (diplomas, degrees, certificates, etc). It is designed to provide a description of the nature, level, context, content and status of the studies that were pursued and successfully completed by the individual named on the qualification to which this supplement is appended. It should be free from any value judgments, equivalence statements or suggestions about recognition. Information in all eight sections should be provided. Where information is not provided, an explanation should give the reason why.

1. INFORMATION IDENTIFYING THE HOLDER OF THE QUALIFICATION

1.1 Family name(s)

1.2 Name

STUDENT NAME

1.3 Date of birth

1986-01-20

1.4 Student identification number / ID card Number

Student Number; ID Card- xxxxxxxxxxx

2. INFORMATION IDENTIFYING THE QUALIFICATION

2.1 Name of qualification and title conferred (in original language)

Mestrado in PSICOLOGIA CLÍNICA E DA SAÚDE (2º ciclo), Mestre

2.2 Main fields of study for the qualification

Clinical and Health Psychology.

2.3 Name (in original language) and status of awarding institution

Instituto Universitário da Maia

The University Institute of Maia is a private university institute, officially recognized by Decree Order no. 1006/91 of 2nd October, published in the Portuguese Official Gazette *Diário da República*, 1^a Série B, no. 227, amended by Decree-Law no. 6/2014 of 14th January published in the Portuguese Official Gazette *Diário da República*, 1^a Série B, no. 9.

2.4 Name and status of institution (if different from 2.3) administering studies (in original language)

Not Applicable.

2.5 Language of instruction/examination

Portuguese Language.

3. INFORMATION ON THE LEVEL OF THE QUALIFICATION

3.1 Level of qualification

Mestrado - Level 7 (EQF – European Qualifications Framework).

3.2 Official length of programme

3.3 Access requirements

Applications are accepted from holders of an undergraduate degree in Psychology and related areas or legal equivalent, obtained in Portugal or in any Bologna signatory state. Applications are also accepted from holders of a similar degree obtained in another state or from holders of an educational, scientific and professional CV that is recognised by ISMAI's Scientific Council as attesting the capacity to complete this study cycle.

4. INFORMATION ON THE CONTENTS AND RESULTS GAINED

4.1 Mode of study

Full-Time

4.2 Programme requirements

4.3 Programme details (e.g., modules or units studied), and the individual grades/marks/credits obtained)

| Field of Study | Total ECTS |
|--------------------------------------|------------|
| CLINICAL AND HEALTH PSYCHOLOGY | 93 |
| METHODOLOGY APPLIED TO PSYCHOLOGY | 8 |
| PSYCHOLOGY | 3 |
| PSYCHOLOGY OF WORK AND ORGANIZATIONS | 8 |
| SCHOOL AND EDUCATIONAL PSYCHOLOGY | 8 |

Transcript of Records on the next page.

4.4 Grading scheme/ grade distribution guidance

Students must pass all course units of the course programme. The minimum pass mark for each course unit is 10 (on a 0-20 scale).

The final classifications were considered in the scope of the three years prior to the completion of the degree.

| Interval | Grade |
|----------|-------|
| [10-13] | E |
| [14-14] | D |
| [15-16] | C |
| [17-17] | B |
| [18-20] | A |

4.5 Overall classification of the qualification

16 (Dezasseis) – C

5. INFORMATION ON THE FUNCTION OF THE QUALIFICATION

5.1 Access to further study

The Mestre degree allows application to postgraduate studies as described in Section 8.

5.2 Professional status

This Master's provides access to the professional placement of the Bar Association of Portuguese Psychologists. It corresponds to the 2nd cycle of training in Psychology. According to the recommendations of EFPA, 2nd cycle training is the minimum university pre-requisite for the professional practice of Psychology in the European area.

6. ADDITIONAL INFORMATION

6.1 Additional information

6.2 Further information sources

www.ismai.pt

www.dges.mctes.pt



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SECTION 4.3 (CONT.)

Course units completed by STUDENT NAME

| Course Unit | Year | Grade | ECTS | Final Grade |
|--|---------|-------|------|-----------------|
| Research Methods applied to Intervention | 2011/12 | 13 | 4 | Pass |
| ASSESSMENT, Differential Diagnosis and Clinical Formulation (Optional) | 2011/12 | 17 | 4 | Pass |
| Cognitive-Behavioural Psychotherapy | 2011/12 | 18 | 4 | Pass |
| Psychological Intervention in Groups (Optional) | 2011/12 | 16 | 4 | Pass |
| Intervention in Special Needs Education (Optional) | 2011/12 | 18 | 4 | Pass |
| Intensive Workshop in Clinical and Health Psychology 2 | 2011/12 | 14 | 1 | Pass |
| Intensive Workshop in Clinical and Health Psychology 3 | 2011/12 | 16 | 1 | Pass |
| Workshop III | 2011/12 | 14 | 1 | Pass |
| Intensive Workshop in Clinical and Health Psychology 5 | 2011/12 | 18 | 1 | Pass |
| Workshop IV | 2011/12 | 17 | 1 | Pass |
| Workshop VII | 2011/12 | 20 | 1 | Pass |
| Constructivist and Family/Systemic Psychotherapy (Optional) | 2011/12 | 16 | 4 | Pass |
| Clinical and Health Psychology : Guidance Module | 2012/13 | 18 | 2 | Credit transfer |
| Research Methods | 2012/13 | 18 | 4 | Credit transfer |
| Models of Clinical Psychology and Psychopathology along the Vital Cycle (Optional) | 2012/13 | 13 | 4 | Credit transfer |
| Models of Cognitive-Behavioural Psychotherapy (Optional) | 2012/13 | 16 | 4 | Credit transfer |
| Models of Constructivist and Family/Systemic Psychotherapy (Optional) | 2012/13 | 14 | 4 | Pass |
| Models of Health Psychology (Optional) | 2012/13 | 17 | 4 | Credit transfer |
| Models of Occupational Health Psychology (Optional) | 2012/13 | 13 | 4 | Credit transfer |
| Models of Vocational Guidance (Optional) | 2012/13 | 11 | 4 | Credit transfer |
| Dissertation | 2012/13 | 14 | 30 | Pass |
| Work Placement | 2012/13 | 17 | 30 | Pass |

7. CERTIFICATION OF THE SUPPLEMENT

7.1 Date 2014/10/06

7.2 Name and Signature

Domingos Oliveira Silva, PhD

7.3 Capacity: Rector of the University Institute of Maia

7.4 Official stamp or seal



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8. INFORMATION ON THE NATIONAL HIGHER EDUCATION SYSTEM

Section 8

The Framework Law on the Education System (Law nr. 46/86, dated 14 October 1986, further amended by Laws nr.115/97, dated 19 September and nr. 49/2005, dated 30 August) establishes the general legal framework of the Education System.

According to this Law, the educational system comprises three levels: basic, secondary and higher education.

Pre-school education is optional and is for children between the ages of three and the age of entering basic education.

Basic Education is universal, compulsory and free and comprises three cycles, the first cycle lasts for four years, the second lasts for two years and the third lasts for three years.

Secondary education is compulsory and it comprises a three year cycle (corresponding to 10th, 11th and 12th year of schooling).

Higher Education Structure

The first steps towards the legal reform of the system of higher education were made in 2005, with the introduction of the new credit system (ECTS) for the cycles of study, mobility mechanisms, diploma supplement, amongst others. Changes were also made to the Basic Law for the Education System in order to implement the Bologna Process. The new structure divided into three cycles of studies was created in 2006 and it was completely implemented in Portugal in 2009/2010. Generic qualification descriptors were also defined for each of the cycles of studies, based on acquired competences, as well as the structure for the first and second cycles of study in terms of typical ECTS intervals.

Portuguese higher education includes university and polytechnic education. University education is offered by public and private university institutions while polytechnic education is offered by public and private non-university institutions. Private higher education institutions must be subject to the previous recognition of the Ministry of Education and Science. The higher education system comprises also a concordatory institution.

Licenciado degree

Both university and polytechnic institutions confer the degree of *licenciado* (*bachelor*). In polytechnic education, the cycle of studies that leads to the degree of *licenciado* has 180 credits and a normal length of six curricular semesters of students' work. In certain cases namely those covered by internal legislation or by European legislation, the cycle of studies can have up to 240 credits with a normal length of up to seven or eight curricular semesters of students' work.

In university education, the cycle of studies that leads to the degree of *licenciado* has from 180 to 240 credits and a normal length between six to eight curricular semesters of students' work.

In the first cycle of studies the degree of *licenciado* is conferred, by universities or polytechnics institutions, to those that, after concluding all the curricular units that integrate the study programme of the *licenciatura* course, have obtained the established number of credits.

Mestre degree

Both university and polytechnic institutions confer the degree of *mestre* (*master*). The cycle of studies that leads to the degree of *mestre* has from 90 to 120 credits and a normal length of between three to four curricular semesters of students' work or in exceptional circumstances, 60 credits and a duration of two semesters, resulting from a stable and consolidated practice in that specific field at international level. In polytechnic education, the cycle of studies that leads to the *mestre* degree must ensure predominantly that the student acquires a professional specialization.

In university education, the cycle of studies that leads to the *mestre* degree must ensure that the student acquires an academic specialization resorting to research, innovation or expansion of professional competences. In university education, the *mestre* degree may also be conferred after an integrated cycle of studies, with 300 to 360 credits and a normal length of 10 to 12 curricular semesters of students' work, in cases for which the access to the practice of a certain professional activity depends on that length of time established by legal EU standards or resulting from a stable practice consolidated in the European Union.

In this cycle of studies the degree of *licenciado* is conferred to those who have obtained 180 credits corresponding to the first six semesters of work.

The degree of *mestre* is conferred to those that, after concluding all the curricular units that integrate the study programme of the *mestrado* course, have obtained the established number of credits, as well as successfully defended in public their dissertation, their project work or their traineeship report.

Doutor degree

The *Doutor* (*doctor*) degree is conferred by universities and university institutes. The degree of *Doutor* is conferred to those that, after concluding all the curricular units that integrate the study programme of the *Doutoramento* (*doctorate*) course, when applicable, and have successfully defended their thesis in the public act.

Access conditions

General regime to accede to higher education

National and foreign students wishing to apply through the general regime to the first cycle of studies, must fulfil the following conditions:

- Have successfully completed a secondary course or a national or foreign qualification legally equivalent;
- Have set for the entrance examinations required for the degree programme the student wishes to attend and get the minimal mark required (There are higher education institutions that accept foreign tests or exams);
- Have fulfilled the prerequisites for the higher education course the student wishes to attend, if required.

Special Conditions

Besides the *regime geral* (general regime), there are special conditions for top level athletes, Portuguese citizens on an official mission abroad, national or foreign staff in diplomatic mission, permanent staff of the Portuguese Armed Forces and scholarship holders within the framework of cooperation agreements signed by Portugal.

Special Competitions

Besides the general regime and the special conditions there are also special competitions for applicants with certain specific qualifications thus allowing new publics to accede to higher education in a perspective of lifelong learning, namely:

- applicants over 23 years old who have passed a especial exam for assessing their capacity to accede to higher education;
- holders of a specialization technological course.

Admission to higher education institutions is subject to *numerus clausus*

Those who meet the following conditions may apply to the cycle of studies that leads to the mestre degree:

- Holders of the *licenciado* degree or legal equivalent;
- Holders of a foreign academic degree conferred following a 1st cycle of studies organized according to the principles of the Bologna Process by a State that has subscribed this Process;
- Holders of an academic, scientific or professional *curriculum vitae* that is recognized as attesting the capacity to carry out this cycle of studies by the statutorily competent scientific body of the higher education institution to which they wish to be admitted.

Those who meet the following conditions may apply to the cycle of studies that leads to the doutor (doctor) degree:

- Holders of the *mestre* (*master*) degree or legal equivalent;
- Holders of a *licenciado* degree who have a particularly relevant academic or scientific *curriculum vitae* that is recognized as attesting the capacity to carry out this cycle of studies by the statutorily competent scientific body of the higher education institution to which they wish to be admitted.
- Holders of an academic, scientific or professional *curriculum vitae* that is recognized as attesting the capacity to carry out this cycle of studies by the statutorily competent scientific body of the higher education institution to which they wish to be admitted.

Classification System

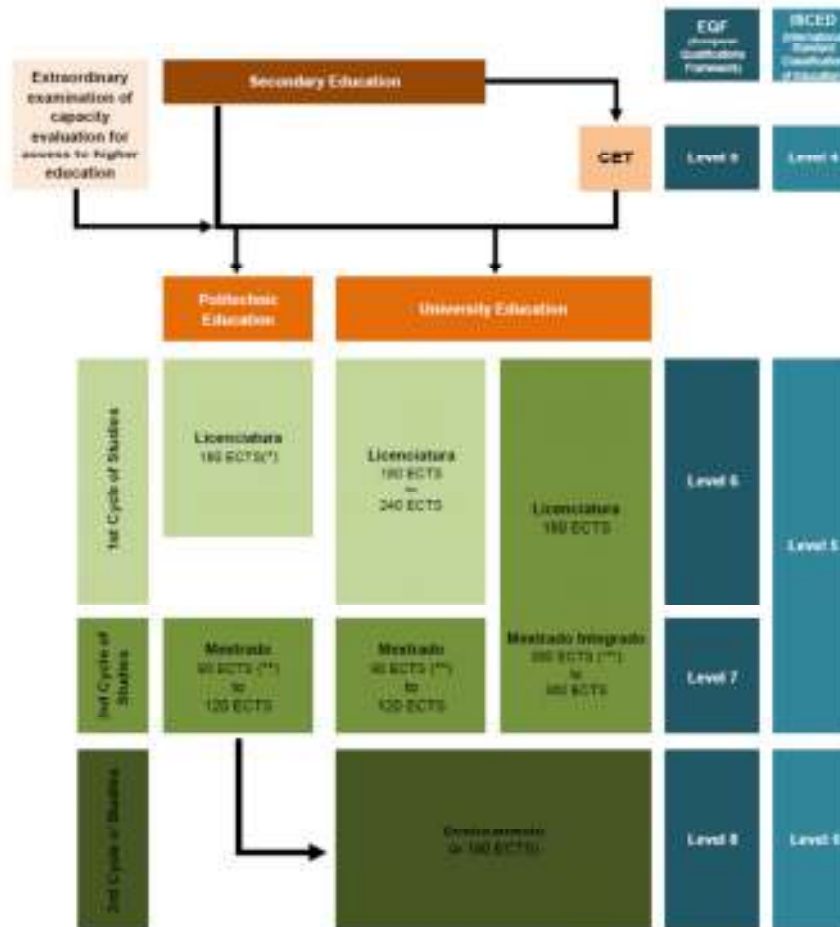
The degrees of *licenciado* and *mestre* shall have a final classification between 10 and 20 on a numerical scale of 0 to 20, as well as its equivalent in the European scale of comparability of classifications.

The academic degree of *doutor* is assigned a final classification pursuant to the regulating standards approved by the university that confers it.



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Diagram of the Portuguese Higher Education System according to Bologna



(*) Except when in order to exercise a certain professional activity requiring education and training rating between 210 and 240 ECTS.

(**) In exceptional circumstances, and subject to the fulfillment of every requirement relating to the definition of the objectives of the degree and the conditions for acquiring the latter, a cycle of studies leading to a *Mestre* degree in a specialized field may be amount 60 credits resulting from a stable and consolidated practice in that specific field at international level.

(***) A *Mestre* degree may also be granted following an integrated cycle of studies of which the duration, for the purposes of obtaining access to a professional activity, a) is established by European Union regulations; and b) results from a regular and consolidated practice within the European Union; in such cases, a *Licenciado* degree is granted to students having obtained 180 ECTS (3 years, 6 semesters)