

18TH MAY 2018

EXERCISE METABOLISM RESEARCH SYMPOSIUM

UNIVERSITY INSTITUTE OF MAIA - ISMAI, PORTUGAL



Program

10.00 - 13.00

Talk 1

Adaptation of the cardiovascular system to exercise training in ageing and disease

Dr Bethan E Phillips, PhD, Assistant Professor,
MRC-ARUK Centre for Musculoskeletal Ageing Research, University of Nottingham, UK

Talk 2

Genomic of exercise responses to training in humans

Professor James A Timmons, PhD,
Chief Scientific Officer, XRGenomics LTD, UK

Talk 3

Nutritional regulation of muscle protein metabolism in health and ageing

Dr Daniel J Wilkinson PhD, Assistant Professor,
MRC-ARUK Centre for Musculoskeletal Ageing Research, University of Nottingham, UK

15.00 - 17.00

Talk 4

Impact of chronic disease on the human muscle transcriptome

Dr Iain J Gallagher, PhD, Assistant Professor,
Faculty of Health Sciences & Sport, University of Stirling, UK

Talk 5

Exercise regulation of muscle protein metabolism in health and ageing

Professor Philip J Atherton, PhD, AFHEA,
Chair of Clinical, Metabolic & Molecular Physiology, University of Nottingham, UK

Organização

NanoStima

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Centro de Investigação em Desporto, Saúde e Desenvolvimento Humano
Research Center for Sports Sciences, Health and Human Development

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